



Administration: 800-513-4002  
Access to Care: 800-913-6109  
TTY Service: 888-819-5112

Managing Behavioral Healthcare for the citizens of Duplin, Lenoir, Sampson and Wayne Counties

100 South James Street, Box B  
Goldsboro, NC 27530  
Fax: (919) 731-1333

2901 North Herritage Street  
Kinston, NC 28501  
Fax: (252) 523-3262

PO Box 369  
Beulaville, NC 28518  
Fax: (910) 298-7191

### **FY 2008-09: 1<sup>st</sup> Quarter Needs Assessment Update**

September 23, 2008: Report to Eastpointe Area Board

#### **Crisis Services:**

**Walk In Crisis Centers-** Eastpointe has contracted with a provider in each of our 4 counties to provide immediate crisis screening/evaluation and treatment services to consumers who present in crisis; offices are operational during week day business hours, and each office is staffed with a psychiatrist either face to face or via telemedicine.

- Duplin- New Dimension Group
- Lenoir- PORT Human Services
- Sampson- Alternative Care Treatment Systems (ACTS)
- Wayne- Waynesboro Family Clinic

**After Hours Crisis Response-** Developed contract with Holly Hill Hospital for after hours, holidays, and weekend coverage for licensed Mental Health professionals to provide crisis services in the emergency departments of Wayne Memorial Hospital, Sampson Regional Hospital, and Lenoir Memorial Hospital.

**Indigent Inpatient Treatment-** Developed contracts with Holly Hills Hospital, Brynn Mar Hospital, Duplin General Hospital, and Wayne Memorial Hospital to pay for uninsured, indigent patients for short term psychiatric treatment.

**Mobile Crisis Management-** Recently negotiated a contract for Easter Seals UCP ASAP to develop mobile crisis management; anticipated implementation date is January 1, 2009.

#### **Crisis Respite-**

- Carolina Residential Services- received license for one respite bed at Providence Manor for adult females with Mental Illness
- Awarded Crisis Funds to Helping Hands Care Management in Duplin County for a 3 bed respite facility for children and adolescents; letter of support developed August 26, 2008- pursuing licensure
- Developed letter of support August 26, 2008 for RASS, LLC in Faison for 2 bed apartment for respite for all adult disability types-pursuing licensure
- Awarded Crisis Funds to NOVA IC, Inc. in Kinston for 4 respite beds- 2 for females and 2 for males; letter of support developed 4/11/08- pending licensure

Kenneth E. Jones, MPA  
Area Director/CEO

An Equal Opportunity/Affirmative Action Employer

Rita Hodges  
Board Chairperson

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- Currently working with Lin Jor House of Hope in Goldsboro to re-license a 4 bed facility to 2 group home beds, and 2 respite beds for all adult disability types.

### **Availability of Psychiatric Services:**

In addition to the Walk In Crisis Centers indicated above, the following activities have occurred:

- Developed a contract with Preferred Alternatives in Goldsboro, using Crisis Funds, for Psychiatric Services- to focus on recent hospital discharges for Medication Management
- Developed a contract with Alpha Omega Health in Kenansville, using Crisis Funds, for Psychiatric Services for underserved populations, using telemedicine
- Recently initiated a contract with Wellsprings in Goldsboro- has a part time psychiatrist
- Initiated contract with Health Care Connections in Sampson County for Psychiatric Services as a joint venture with Health Care Connections and Evergreen Behavioral Management, Inc.

### **Substance Abuse Services- Adults and Children/Adolescents:**

- Provided Start Up funding for Substance Abuse Intensive Outpatient Program/Substance Abuse Comprehensive Outpatient Treatment for the following providers:
  - Kinston/ Lenoir County- Precision Health Care Services- SAIOP and SACOT
  - Mt Olive/ Wayne County- Family First Support Center- SAIOP
  - Clinton/Sampson County- ACTS is currently pursuing licensure
  - Kenansville/Duplin- Connolly and Associates suspended the process at this time
- Endorsed Rouse's Chapel Church Ministries for SAIOP/SACOT -Kinston/Lenoir County 6/27/08
- Initiated contract with Wellsprings in Goldsboro- recent addition of LCAS to their staff
- Graham, Moore, and Clark: Addiction and Behavioral Services- Kenansville/Duplin County- added to Provider Choice list as a Medicaid enrolled provider
- Integrated Programs and Services- Goldsboro/Wayne County- added to Provider Choice list as a Medicaid enrolled provider
- Provided Letter of Support for Preferred Alternatives, Inc. to obtain licensure and re-open Wayside Fellowship Home in Goldsboro (Halfway House for women)- working with Mayor on zoning issues
- Contract with Paul Nagy, Consultant from Duke Addictions Clinic, for training and consultation to SA providers- working particularly with SAIOP providers
- Offered SA supervision through Eastpointe Licensed SA professionals at no cost to providers
- Prevention- Contracts with Cooperative Extension in all four counties; Eastpointe currently providing SA supervision by Certified Prevention Specialist Amanda Outlaw

### **Assertive Community Treatment Team:**

- Advantage Care- LaGrange/Lenoir County- endorsed 8/7/08
- The Lawson's House- Wallace/Duplin County- endorsed 7/31/08

### **Child and Adolescent Day Treatment:**

- Precision Health Care Services, Inc.- Kinston/Lenoir County- endorsed 7/28/08
- NOVA IC, Inc.- Awarded Mental Health Trust Funds for Goldsboro/Wayne County for start up

### **Intensive In Home Services:**

- Professional Group Living, LLC- Clinton/Sampson County and Goldsboro/Wayne County- endorsed 6/9/08
- Lyngrett Enterprises, Inc.- Kinston/Lenoir County- endorsed 7/10/08
- New Dimension Group, LLC- Rose Hill/Duplin County- endorsed 6/25/08
- Family First Support Center- Mt Olive/Wayne County- endorsed 8/19/08

### **Community Support Team:**

- Life, Inc.- Goldsboro/Wayne County- endorsed 6/25/08
- Professional Group Living, LLC- Clinton/Sampson County and Goldsboro/Wayne County- endorsed 6/9/08
- LinJor House of Hope- Goldsboro/Wayne County- endorsed 9/23/08
- Family First Support Center- Mt Olive/Wayne County- endorsed 8/19/08
- Heart to Heart Home Care Agency- Goldsboro/Wayne County- endorsed 9/4/08
- St. Mary's Home Care Agency- Goldsboro/Wayne County- endorsed 9/19/08

### **Affordable and Accessible Transportation:**

- Waynesboro Family Clinic- awarded MHTF for transportation vouchers
- Family Works Psychological Center- awarded funding for transportation assistance

### **Bilingual Support:**

Providers were distributed information on Lee Albritton, Spanish Interpretation Services, and many have utilized this service already.

### **Developmental Disabilities Day Activities:**

Skill Creations awarded funding for first year's operational budget for Developmental Day Services in Goldsboro/Wayne County

### **Developmental Disabilities Residential Services:**

#### **5600C Supervised Living DD Adult newly licensed facilities in August 2008:**

- Belfast Group Home- operated by Edwar Group, Goldsboro/Wayne County
- Fox Drive Group Home- operated by Edwar Group, Goldsboro/Wayne County

### **Money Follows the Person Project**

- Letter of Support issued 8/26/08 to RHA Howell Care Centers for 5600C Group Home in LaGrange/Lenoir County for state pilot project/initiative to move consumers from Developmental Centers or private ICF-MR Facilities into the community

## **Mental Health Outpatient Treatment:**

- Initiated contract with Carolina Choice in Clinton/Sampson County for Individual/Group and Family Therapy for children and families
- The following providers have been added to the Provider Choice Database as Medicaid enrolled providers:
  - The Family Advocate in Snow Hill
  - Kim Harris in Greenville
  - Coastal Family Services in Dunn
  - Pamela P. Sides in Greenville
  - Corine's Care Management, Inc. in Snow Hill
  - Graham, Moore and Clark: Addiction and Behavioral Specialist in Kenansville

## **Multisystemic Therapy:**

Initiated contract with Youth Villages- Greenville/Pitt County in June 2008

## **Community Based Work and Volunteer Activities/ Educational/Recreational/ Social Activities:**

Eastpointe conducts a bimonthly meeting designed for Qualified Professionals, to provide them with resources that are currently available in our communities. The following agencies have presented thus far to this group to increase awareness of these type of resources:

- Neuse Enterprises- Psychosocial Rehabilitation and Adult Developmental Vocational Program- Lenoir and Duplin Counties
- RHA Howell Care Centers- Café CAPabilities- LaGrange/Lenoir County Day Program/Work Opportunities
- Day by Day Treatment Center of Johnston County- Residential SA program and SAIOP
- PORT Human Services- Facility Based Crisis Services in Greenville/Pitt County and Ahoskie/Hertford County
- Janet Stroughton- Tri County Community Health Council- Harvest House- Halfway House and SA treatment
- Albert Barron- Eastpointe Housing Coordinator- Down East Homeless Coalition, available housing opportunities
- James Harris- Division of MH/DD/SAS- Guardianship
- Christopher Smith and Robin Ford, PSC Med Supply-Patient Assistance Program
- Antionette Boone, Wayne Community College and Taheshia Hobbs, James Sprunt Community College- Training for Provider Staff through Community Colleges

## **Provider Withdrawals of Endorsement:**

- 6/10/08 Manual's Supportive Living Services- CSA, Kinston/Lenoir County; accreditation
- 5/14/08 Abilities, Inc.- CSA, Kinston/Lenoir County; accreditation
- 6/23/08 Quality Concepts- CSA, Goldsboro/Wayne County; accreditation

- 6/30/08 Peterkin and Associates- ACTT, Goldsboro/Wayne County; unable to staff
- 8/1/08 Community Care Center- CSA, CSC, Kinston/Lenoir County; 25% QP billable time requirement
- 8/20/08 Coordinated Health Services- CSA, CSC, Kinston/Lenoir County; 25% QP requirement
- 7/16/08 RASS, LLC- CSA, CSC, CST, Faison/Duplin County; closed site
- 8/26/08 Kristi's Homes- CSA, LaGrange/Lenoir- 25% QP requirement
- 6/30/08 Howell Support Services- CSA, CSC, Goldsboro/Wayne County and Warsaw/Duplin County- accreditation
- 9/17/08 J Peter Inc.- CSC, Kinston/Lenoir County; 25% QP requirement
- 8/29/08 Edwar Group LLC- CSA, Goldsboro/Wayne County- 25% QP requirement and accreditation
- 9/18/08 Alpha Omega- CSA, Kenansville/Duplin County; 25% QP requirement
- 9/19/08 White Oak Homes- CSA, Mt Olive/Wayne County; 25% QP requirement