



*Managing Behavioral Healthcare for the citizens of Duplin, Lenoir, Sampson and Wayne Counties*

## Information About Care Review

### Overview of Care Review Approach & Expectations for Eastpointe's System of Care

- Out of home placement should be the last resort for children with mental health needs. Such placements should only be used for the safety and treatment needs of children that such needs can not be realized in a home environment. As a result, out of home placements must involve measurable outcomes and a concrete plan for the child's discharge/ transition back to a stable and/or permanent home within their community or the least restrictive environment as appropriate for the child.
- When out of home placement is needed the goal is to have those placements preferably within 60 miles/60 minutes of the child's home, unless the care level of placement needed for the child is not available locally or within the preferred distance of the child's residence.

### CARE REVIEW TEAM MEMBER ROLES & EXPECTATIONS

- Care Review Teams share responsibility and accountability to promote Eastpointe's System of Care, actively support and model best practice approaches.
- Care Review Teams provide support, technical assistance and barrier-resolution assistance to Child and Family Teams.
- Care Review Teams assist Child and Family Teams in developing alternatives to out of home placements, discharges, transition and permanency plans from out of home placements.
- The outcome of the Care Review meeting will be documented on a written action plan and distributed to the Child and Family Team.

### CHILD & FAMILY TEAM ROLES & EXPECTATIONS

- Child and Family Team Coordinators, often the clinical home, TCM (Targeted Case Manager), and in special circumstances/cases with the consultation of an LME System of Care Coordinator are responsible for working with the Child and Family Team to deliver adequate services and supports that the child/family need in their home, school and community, seeking out of home placement as a last resort.

- Child and Family Team Coordinators shall access assistance from the Community Collaborative's Care Review Teams in the event that request for an out of home placement is anticipated.
- In addition to the referral form, the Child and Family Team Coordinator shall present the Child and Family Team community based plan developed through a Person/Family Planning process (i.e. Wraparound):
  - the strengths/needs assessment and
  - a crisis/safety plan and
  - (if residential placement is requested) why the current plan has not been successful, the rationale for an out of home placement and a discharge plan.
- At the Care Review meeting Child and Family Teams are expected to demonstrate:
  - how they have exhausted all non-residential options through wraparound and home-based approaches,
  - discuss specific outcomes that can only be met through out of home placement,
  - a clear transition and step-down plan back to home or discharge resource family/home, school and community.
- If residential treatment is recommended, the Child and Family Team shall integrate into the child and family plan (in writing) specific measurable outcomes that will be targeted by a residential provider.
  - These shall be outcomes that could not be accomplished outside a residential treatment setting.
  - All out of home placement outcomes **MUST** be directed at the goal of placement in a family setting within a reasonable time frame (to be specified in the plan).
  - In addition, a clearly defined transition and discharge plan shall be developed prior to out of home placement authorization.
  - The plan must also include specific measurable outcomes related to work with the child's family/home or discharge resource family/home and school to ensure readiness for transition back into the home, school and community.
- If residential placement occurs, the Child and Family Coordinator will be responsible for obtaining from the residential provider, a **MONTHLY** summary of measurable progress toward outcomes specified in the comprehensive plan developed by the Child and Family Team.
- The Child and Family Team Coordinator will actively engage the parent/legal guardian in the child's treatment and Child and Family Team and assure that:
  - The child visits home or discharge resource family/home at least once a month, as appropriate.
  - The Child and Family Coordinator visit the residential placement at least once a month.
  - There is a discharge plan at the time of admission.
  - The Child and Family Team meet at least once a month.